



# LOTUS

@FOUR WINDS TAVERN

## Pan-Asian Food Dine-in and Takeaway

### APPETISERS

1. Oriental Mix Platter vegetarian spring rolls x 2, satay chicken x 2, BBQ spare ribs x 2, thai fish cakes x 2, whole sesame prawn on toast x 2 served with dips £9.80
2. Vegetarian spring rolls £5.50
3. Chicken Satay Skewers served with peanut sauce £6.50
4. Salt and pepper squid (S) £7.50
5. Salt and pepper prawns (S) £7.50
6. Whole sesame prawns on toast x 2 £5.80
7. Cantonese style BBQ spare ribs £6.50
8. Crispy fried wonton served with sweet and sour sauce £5.50
9. Thai fish cakes served with sweet chilli dip £6.20
10. Salt and pepper chips (S) £4.20
11. Chicken Spring Rolls served with sweet chilli sauce £5.50
12. Prawns Spring Rolls served with sweet chilli sauce £6.50
13. Spicy Thai prawn crackers (S) £3.20
14. Cantonese prawn crackers £2.80

### SOUP

15. Sichuan hot and sour soup (S) £4.50
16. Chicken and sweet corn soup £4.50
17. Classic wonton soup £4.50
18. Chinese chicken noodle soup £4.50
19. Mix vegetable soup £4.50

### CHICKEN

20. Classic sweet and sour chicken £6.50
21. Chicken in black bean sauce £6.50
22. Chicken with cashew nuts £6.50
23. Crispy shredded salt and pepper chicken (S) £6.50
24. Chicken stir fry in satay sauce (S) £6.50
25. Sichuan kung po chicken (S) £6.50
26. Chicken stir fry with mix vegetables £6.50
27. Chicken with pineapple £6.50

### BEEF

28. Beef in black bean sauce £7.00
29. Beef in oyster sauce £7.00
30. Crispy shredded chilli beef (S) £7.00
31. Stir fry beef in satay sauce (S) £7.00
32. Beef with cashew nuts £7.00
33. Sichuan kung po beef (S) £7.00
34. Stir fry beef with mix vegetables £7.00
35. Beef with pineapple £7.00

### PRAWN

36. Classic sweet and sour King prawns £7.50
37. King prawns in black bean sauce £7.50
38. King prawns with ginger and spring onions £7.50
39. Stir fry King prawns in satay sauce (S) £7.50
40. Sichuan kung po king prawns (S) £7.50
41. King prawns with cashew nuts £7.50
42. Stir fry King prawns with mix vegetables £7.50
43. King prawns with pineapple £7.50

# LOTUS @ FOUR WINDS TAVERN MENU

## 07353 992587

### PORK

44. Classic sweet and sour pork £6.50
45. Roast pork in black bean sauce £6.80
46. Roast pork with ginger and spring onions £6.80
47. Stir fry roast pork in satay sauce (S) £6.80
48. Sichuan kung po roast pork (S) £6.80
49. Roast pork with cashew nuts £6.80
50. Stir fry roast pork with mix vegetables £6.80
51. Roast pork with pineapples £6.80

### DUCK

52. Roast duck in black bean sauce £7.80
53. Roast duck in ginger and spring onions £7.80
54. Stir fry roast duck with satay sauce (S) £7.80
55. Sichuan kung po roast duck (S) £7.80
56. Roast duck with cashew nuts £7.80
57. Stir fry roast duck with mix vegetables £7.80
58. Roast duck with pineapples £7.80

### EGG FOO YUNG OR OMELETTE

59. Special egg foo yung or omelette (chicken, roast pork, king prawn) £7.50
60. Chicken egg foo yung or omelette £6.50
61. Beef egg foo yung or omelette £7.00
62. King prawn egg foo yung or omelette £7.50
63. Roast pork egg foo yung or omelette £6.80
64. Mushroom egg foo yung or omelette £7.50
65. Cheese egg foo yung or omelette £7.00
66. Plain egg foo yung or omelette £5.50

### CURRY

67. Special curry (chicken, beef, roast pork) £7.50
68. Chicken curry £6.50
69. Beef curry £7.00
70. Prawn curry £7.50
71. Roast pork curry £6.80
72. Roast duck curry £7.80
73. Vegetable curry £6.00
74. Mushroom curry £6.00
75. Tofu (beancurd curry) (V) £6.00

### CHOW MEIN NOODLES

76. Special chow mein (chicken, beef, roast pork) £6.50
77. Chicken chow mein £6.00
78. Beef chow mein £6.50
79. King prawn chow mein £7.00
80. Roast pork chow mein £6.30
81. Roast duck chow mein £7.50
82. Vegetable chow mein £5.00
83. Plain chow mein £4.50
84. Singapore style chow mein (chicken, roast pork) £6.50

### RICE

85. Special fried rice (chicken, roast pork) £6.50
86. Chicken fried rice £6.00
87. Beef fried rice £6.50
88. King prawn fried rice £7.00
89. Roast pork fried rice £6.80
90. Roast duck fried rice £7.50
91. Vegetable fried rice £5.00
92. Singapore fried rice (chicken, roast pork) (S) £6.50
93. Egg fried rice £3.00
94. Steam rice £2.80

### VEGETABLES

95. Stir fry mix vegetables (V) £5.50
96. Stir fry seasonal greens (V) £5.50
97. Stir fry beansprouts (V) £5.00
98. Stir fry mushrooms with tofu (beancurd) (V) £5.50

### SPECIALS

99. Honey King prawns £7.80
100. Chicken balls with sweet and sour sauce (8 pieces) £7.00
101. Salt and pepper tofu (beancurd) (S) £6.50
102. Cantonese style beef with onions £7.80
103. Special Kung po (chicken, beef, roast pork) (S) £7.80
104. Salt and pepper pork spare ribs (S) £7.50

### EXTRAS

105. Sweet and sour sauce £2.50
106. Curry sauce £2.50
107. Barbecue sauce £2.50
108. Black bean sauce £3.50
109. Satay sauce (peanut) £3.50
110. Chips £3.50

### DESSERT

111. Fried banana fritters with honey served with vanilla ice cream £4.50
112. Fried pineapple fritters with honey served with vanilla ice cream £4.50

- Please let us know should you wish to order larger portions of our dishes. Other dishes can be ordered upon request.

- Please let us know if you have any food allergies or intolerances.

- Due to the nature of our cuisine we cannot guarantee that all dishes are nut or gluten free.

#### Key:

- (S) Spicy dish
- (V) Suitable for vegans

